



MASON COUNTY Community Services List

Crisis Intervention, Resources and Referrals

The Crisis Clinic of Thurston and Mason Counties

360.586.2800

Visit our website at: www.crisis-clinic.org

NOV 2023

Washington State 211 (Mon-Fri 9am – 3pm) _____ call 211 or visit <https://search.wa211.org/>
Mason County Sheriff Non-Emergency Line _____ 360-426-4441

CHILDREN / YOUTH / TEENS

Big Brothers / Big Sisters of SW, WA (children matched w/ adult volunteers) _____ 360-943-0409
 Boys and Girls Club of North Mason County _____ 360-362-1855
 Child Care Action Council (resource & referral line _____ 360-754-0810_ or ___ 800-446-1114
 Children’s Crisis Stabilization **24 hours** _____ 360-480-5721
 Child Protective Services _____ 866-764-2233 or 866-363-4276
 Children and Parents First (parenting skills/child care) BHR switchboard _____ 360-704-7170
 Children's Mental Health Program, BHR _____ 360-704-7170
 Coffee Oasis, Youth Programs (shelter; counseling) **24 hours** ___ text “help” _____ 360-377-5560
 Division of Children and Family Services, DSHS _____ 360-432-2050
 Community Youth Services (shelter, resource info. & services for at risk youth) _____ 360-943-0780
 National Runaway Safe line **24 hours** _____ 800-786-2929
 Parent to Parent (families caring for someone w/special needs) _____ 360-352-1126
 Shelton Family Center/ Youth Connection _____ 360-462-0125
 South Puget Intertribal Planning Agency - Children & Family Services _____ 360-426-3990
 Teen Link (peer support) _____ texting avail. 6-9:30pm _____ 866-833-6546
 Youth Help Line (Crisis Clinic) **24 hours** _____ 360-586-2777

ADDICTION RECOVERY SERVICES

Alcoholics Anonymous (alanon & alateen) peer support___ **24 hours** _____ 360-352-7344
 Alternatives Professional Counseling (Olympia) _____ 360-357-7986
 Celebrate Recovery (support group) _____ 360-426-2758
 Evergreen Treatment (counseling; methadone program) _____ 360-413-6910
 Gambling Help Line (WA) **24 hours** _____ 800-547-6133
 Narcotics Anonymous (NA) (spana.org) _____ 360-754-4433
 Northwest Resources in Shelton _____ (addiction counseling/outpatient rehab) _____ 360-426-0890
 Recovery Services at BHR (chemical dependency outpatient program), _____ 360-704-7170
 Recovery Help Line (WA) _____ (substance abuse, gambling, mental health) _____ 866-789-1511
 Sea Mar Behavioral Health (incl. Spanish speaking services) _____ 360-704-7590
 Snohomish Tribe: alcohol and chemical dep. _____ 360- 877-2008 _____ re.TANF 360- 877-2200
 Telecare (crisis relating to drug abuse & mental health) _____ 360-754-2423
 The Harvest Program, BHR (for mothers and expecting women _____ 360-426-1696

COUNSELING - MENTAL HEALTH

Behavioral Health Resources (BHR) counseling services _____ 360-704-7170
 Catholic Community Services (family behav. health services) _____ 360-878-8248
 Community Youth Services (counseling & services for at risk youth) _____ 360-943-0780
 Consejo Counseling and Referral Service _____ 360-763-5610

Designated Crisis Responders (involuntary detention) 24 hours	360-754-1338
Mason Clinic (behavioral health)	360-426-2653
Mental Health Professionals LLC, Shelton (psychiatry)	360-462-3320
NAMI Thurston/Mason (Nat'l Alliance for Mental Illness: info.& support)	360-493-6021
Peninsula Community Health Services	360-377-3776
Sea Mar Behavioral Health (incl. Spanish speaking services)	360-704-7590
Skokomish Tribal Mental Health Clinic	360-426-5755
South Sound Behavioral Hospital (free assessments) 24 hours	360-764-8400
Squaxin Island Tribe – Behavioral Health Program	360-426-1582
Telecare, Shelton (evaluation and treatment center)	360-205-8001
WA Warm Line (peer support for mental health challenges) 24 hours	_ 866-427-4747 & 877-500-9276

DISABILITIES - PHYSICAL & MENTAL

Adult Protective Services, DSHS (report abuse to vulnerable adults)	877-734-6277
Arc of WA State (advocates for citizens with intellectual/develop.disabilities)	360-357-5596
Blind Services of WA	360-725-3846
Braille & Talking Library	800-542-0866
Deaf & Hard of Hearing Services, WA (DSHS)	800-422-7930 TTY 360-725-3450
Exceptional Foresters (independent living service; employment)	360-426-0077
Gift for Special Children (financial/referral assistance)	360-427-7058
Long Term Care Program, Catholic Community Services (in-home assistance)	360-427-2230
Parent to Parent (supporting parents of individuals with special needs)	360-352-1126
Shelton School District - Special Services (birth-21 years)	360-426-2151
Social Security Information Line (SSI/ Medicare)	800-772-1213
Vocational Rehabilitation (division of DSHS)	360-664-3060

EMPLOYMENT - EDUCATION - LITERACY

Career Quest (employment services for adults w/ disabilities)	360-427-7300
CHOICE High School (alternative high school for ages 14-21)	360-426-7664
Family Education & Support Services (parenting support/child dev.)	360-754-7629
Gravity Learning Ctr. (help for students: GED prep., transp.,supplies)	360-426-1200
Job Corps (voc. ed. & life skills training, ages 16-24)	360-754-3668
North Mason School District	360-277-2300
Olympic College Shelton (basic college/GED prep/adult basic education)	360-432-5400
Pacific Mountain Workforce Development	360-704-3568
Shelton School District	360-426-1687
Shelton Timberland Library	360-426-1362
Sound Learning (tutoring for reading, writing, ESL, GED)	360-426-9733
Work First Program, SPSCC (pre-employt. training/support for those on TANF)	360-596-5401
Work Source (WA State Empl.Security: job search/training/unemploy. Comp.)	360-427-2174

EMERGENCY NEEDS

Community Action Council (limited utility assistance, food)	360-426-9726
Community Lifeline (food, emergency shelter, showers) 24 hours	360-462-4439
Community Service Office, DSHS	877-501-2233
Crazy Love Ministries (hot meals, clothing, support)	360-358-3355
Crossroads Housing (emergency shelter, rent assist.)	360-427-6919
Mason Transit Authority (Dial-A-Ride and bus routes)	360-427-5033
North Mason Resources (rental and utility assistance and more)	360-552-2303
Turning Point (domestic violence shelter) 24 hours	360-432-1212
Red Cross (Tacoma)	253-474-0400
South Puget Intertribal Planning Agency (assistance for tribal members)	360-426-3990
United Way of Mason County	360-426-4999

FOOD & NUTRITION

Food Banks _____ Saints Pantry 427-8847; Hood Canal 877-6507, North Mason 275-4615	
_____ Matlock 426-1903 Shelton United Methodist Church 426-4174	
Food Stamps, DSHS _____	877-501-2233
Garden Raised Bounty (GRuB) _____	360-753-5522
Meals on Wheels by Senior Services (lunches to anyone 60+ and home bound)	360-426-3697
Women, Infants, Children (WIC) nutrition program _____	360-426-9726

HEALTH CARE - HOSPITALS - CLINICS

AIDS Foundation (case mgmt.. for people with AIDS) _____	360-352-2375
Assured Home Health _____	360-236-9204
CHOICE Regional Health Network (low income insurance) _____	360-539-7576
Dental Clinic (Sea Mar) for low income ___ Olympia 570-8016 / Lacey 359-4860 / Yelm 400-4840	
Family Health Hotline (Watch Me Grow Washington) _____	800-322-2588
Health Care Center (urgent care; Spanish avail.) _____	360-426-9717
Health Department, Mason County ___ Shelton 427-9670 ___ Belfair 275-4467 ___ Elma 482-5269	
HIV/AIDS Hotline, Washington State _____	800-272-2437
Homecare Referral Registry (in home care for medicaid clients only) _____	360-664-3162
Mason Clinic (walk-in, non-emergency illnesses/minor injuries) _____	360-426-2653
Mason General Hospital 24 hours _____	360-426-1611
Medical Assistance (coupons), CSO (DSHS) _____	877-501-2233
Olympia Free Clinic (M & W 5-7pm) _____	360-890-4074
Paratransit Services (transportation to medical appointments) _ 800-756-5438 TDD 800-934-5438	
Peninsula Community Health Services 24 hours _____	360-377-3776
Planned Parenthood (birth control, pregnancy testing, counseling) _____	360-754-5522
Poison Center, WA (info for poison/overdose) 24 Hours _____	800-222-1222
Providence Sound Home Care & Hospice _____	360-459-8311
Sea Mar Medical (low income/Hispanic) ___ Olympia 491-1399 / Lacey 359-4840 / Yelm 400-4800	
Senior Case Management (Area Agency on Aging) _____	360-427-2225
SHIBA (State Health Ins. Benefit Advisers: medicare & suppl. ins. info.) _____	800-562-6900
Skokomish Indian Tribe Health Clinic _____	360-426-5755
Union Gospel Mission (dental/vision for uninsured) _____	360-943-6400

HOUSING ASSISTANCE - EMERGENCY SHELTERS

Community Action Council (rental & utilities assist, WIC) _____	360-426-9726
Community Lifeline (single adult shelter, no children) 24 hours _____	360-462-4439
Crossroads Housing (emergency shelter) _____	360-427-6919
Bremerton Housing Auth., serves Mason Co.(low-income, disabled, elderly) _____	360-373-0420
Haven House (shelter/crisis center for teens 12-17) 24 hours _____	360-754-1151
Housing Options for Students in Transition (for youth ages 16-21) _____	360-426-7664
Kitsap Community Resources (shelter) _____	360-377-0053
North Mason Resources (rental assistance, utility assistance and more) _____	360-552-2303
South Puget Sound Intertribal Planning Agency (tribal housing) _____	360-426-3990
Turning Pointe (domestic violence shelter) 24 hours _____	360-432-1212

SAFETY - LEGAL - CONSUMER ASSISTANCE & SUPPORT

Child Support Enforcement Office, DSHS _____	800-442-5437
CLEAR Hotline (coordinated legal edu./advice/referral) _____	888-201-1014
Consumer Protection Division, (Attorney General, unfair business) _____	800-551-4636
Crime Victim Service Center of Lewis and Mason Counties _____	360-426-9726 ext. 3105
Department of Health, Mason County _____	360-427-9670
Disability Rights Washington (dev. disabled/mentally ill) _____	800-562-2702 or 206-324-1521

Dispute Resolution Center (mediation services in Olympia)	360- 956-1155
Human Rights Commission, WA State	360-753-6770
Long-Term Care Ombudsman (mediation/advocacy in nursing homes)	360-943-6018
Mason Transit Authority	360-427-5033
National Domestic Violence Hotline 24 hours	800-799-7233 or TTY 800-787-3224
P.O.W.E.R. (parents organizing for welfare & economic rights)	360-352-9716
Safe Haven (needing to surrender newborn anonymously) 24 hours	866-992-2291
Tenant Rights Hotline (Seattle number)	206-723-0500
Thurston County Family Justice Center	360-754-9297
Turning Pointe (domestic violence advocates) 24 Hours	360- 432-1212

SENIORS

Adult Protective Services, DSHS (report abuse of vulnerable adults)	877-734-6277
Area Agency on Aging (info. and case management)	360-427-2225
Care Connection	360-586-4491
Catholic Community Services (home care)	360-586-2960
Faith in Action (supporting independent living)	360-275-0535
Older Adult Services, BHR (counseling/case management)	360-704-7170
Paratransit Services	800-756-5438 TDD 800-934-5438
Senior Activities Association (meeting place/lunches)	360-426-7374
SHIBA (State Health Ins. Benefit Advisers) medicare & sup. ins. info.	800-562-6900
South Sound Care Connection, Olympia (care coordination)	360-586-4491

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project (Latino educational; legal advocates; mental health services)	360-709-0931
Immigrant Student's Rights (Superintendent's Office)	360-725-6147
Mason Veterans Family Assistance Program (case management)	360-426-4546
Skokomish Indian Tribe - Social & Health Services	360-426-4232
Tuwaduq Family Services (SkokomishTribe – Domestic Violence Advocates)	360-426-7788
Squaxin Island Tribal Center	360-426-9781
Squaxin Community Support (Squaxin Island Tribe – Domestic Violence Project/Advocates)	360-432-3927
South Puget Intertribal Planning Agency (social services for five tribes)	360-426-3990
Veterans Benefits and Services (WA State)	800-562-2308

PEER SUPPORT CRISIS LINES

Alcoholics Anonymous 24 hours	360-352-7344
Suicide Lifeline 24 hours (for Veterans crisis line press 1)	800-273-8255
Trans Lifeline (24-hour crisis line)	877-565-8860
Trevorhotline (suicidal 25 and younger, straight or LGBTQIA) 24 hours	866-488-7386
WA Warm Line (peer support for mental health challenges) 24 hours	866-427-4747 & 877-500-9276