



# THURSTON COUNTY Community Services List

For Crisis Intervention, Resources and Referrals  
The Crisis Clinic of Thurston and Mason Counties

360-586-2800 - 24 Hours Every Day

Visit our website at: [www.crisis-clinic.org](http://www.crisis-clinic.org) - Like us on Facebook and Instagram

JULY 2021

360 AREA CODE unless otherwise noted

Washington State 211 (Mon-Fri 9am – 3pm) call 211 or visit <https://search.wa211.org/>  
Thurston County Non-Emergency Number 704-2740

## CHILDREN/YOUTH/TEENS

Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers) 943-0409  
Boys and Girls Clubs of Thurston County Lacey 438-6811; Olympia 556-3615  
Tenino 810-3700; Rochester 273-9397; Tumwater 570-8888  
Child Care Action Council (Homeless Child Care, Crisis Nursery) 786-8907  
Child Care Aware of Washington - Resource & Referral Line 800-446-1114  
Children's Crisis Stabilization (newborn to twenty – 24 hours) 480-5721  
Child Protective Services (24 hours) 866-764-2233 or 866-363-4276  
Child, Youth and Family Services (BHR Switchboard) 704-7170 or 800-825-4820  
Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth) 943-0780  
Family Reconciliation Service, DCYF 725-6701 or 888-822-3541  
Family Support Center of South Sound (Parent Education/Family Support) 754-9297  
National Runaway Safeline (24 hours) 800-786-2929  
Nisqually Youth Services 455-5213  
South Sound YMCA Briggs 753-6576; Olympia 357-6609  
Stonewall Youth (GLBTQ Youth Support Group for 12-21) 888-4273  
Teen Link (Crisis Connections – Texting Available) 866-833-6546

## SUBSTANCE USE DISORDER SERVICES

Alcoholics Anonymous (AA) (Alanon & Alateen; 24 hours) 352-7344  
Alternatives Professional Counseling (For Domestic Violence Victims also) 357-7986  
Celebrate Recovery (www.celebraterecovery.com) Turning Point Church 489-0378 Option 5  
Evergreen Treatment (Counseling, Methadone Program) 413-6910 or 888-764-7243  
Narcotics Anonymous (NA) (www.na.org) 754-4433  
Nisqually Substance Abuse Program 413-2727  
Northwest Resources 943-8810 or 918-8336 or 688-7312  
Olympia Bupe Clinic (low barrier Buprenorphine) 349-0033  
Providence St. Pete's Chemical Dependency Center 456-7575  
Sea Mar Behavioral Health (Incl. Spanish-Speaking Services) 704-7590  
The Harvest Program - BHR (Mothers and Expecting Women Seeking SUD Services) 754-5729  
True North Student Assistance & Treatment Services (Tumwater/Yelm) 464-6867  
Washington Recovery Help Line (Substance Abuse, Gambling, Mental Health) 866-789-1511  
Washington State Problem Gambling Hotline 24/7 800-547-6133

## COUNSELING/MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours) S-Board 704-7170  
Capitol Recovery Center (Rehab Program by & for Mental Health Consumers) 357-2582  
Catholic Community Services (Family Behavioral Health Services) 878-8248  
Community Youth Services (CYS) (Crisis Intervention & Support) S-Board 943-0780  
Designated Crisis Responders (Involuntary Detention 24 hours) 754-1338 or 800-270-0041  
NAMI Helpline (Nat'l Alliance for Mental Illness: Info. & Support) 866-0403 Ext 3 or 493-6021  
Nisqually Mental Health Program 413-2728  
Olympia Free Clinic (Incl. Mental Health Access Program) 890-4074  
Providence Community Care Center (downtown Oly) 515-5646  
Providence St. Peter Hospital Psychiatry (Med. Management, No Counseling Services) 493-7064  
Providence St. Peter's Intensive Outpatient & Outpatient Program 493-7060  
Sea Mar Behavioral Health (Includes Spanish-Speaking Services) 704-7590  
South Sound Behavioral Hospital (24/7, Free Assessments) 844-949-8888  
Valley View Behavioral Health 236-7166  
Telecare Thurston Mason Community Alternatives Team 754-2423  
Turning Point Church Counseling Services 489-0378 Option 4  
Washington Warm Line (Support line for anyone with mental health challenges) 877-500-9276

## DISABILITIES - PHYSICAL /MENTAL

Adult Protective Services, DSHS (Report Abuse of Vulnerable Adults) 877-734-6277  
Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) 357-5596  
Deaf & Hard of Hearing Services, WA State Office of (DSHS) TTY 360-725-3450  
Dial-A-Lift (IT Bus Services) 754-9393 or 1-800-244-6846  
Disability Rights (Seattle) 800-562-2702 or 206-324-1521  
Exceptional Foresters Inc. (Independent living services, Employment) 426-0077  
Long Term Care Pro, Catholic Community Services (In-Home Assistance) S-board 586-2960  
Morningside (Vocational Development/Employment Services) 943-0512  
PAVE (Advocacy for Families & Individuals w/Disabilities) 800-572-7368 or 253-565-2266  
Recreation Services, Thurston County Specialized Recreation S-board 867-2588  
Respite Care Program (through Childcare Action Council) 754-0845  
Social Security Information Line (SSI/Medicare) 800-772-1213  
South Sound Parent to Parent (Supporting Parents of Individuals with Special Needs) 352-1126  
Vadis (Employment, Community Inclusion, Homeless Support) 253-863-5173  
Vocational Rehabilitation, Division of (DSHS) 664-3060  
WA State Dept. of Services for the Blind (S-board) 800-552-7103  
WA Talking Book & Braille Library 800-542-0866

## EMPLOYMENT/EDUCATION/LITERACY

Family Education & Support Services (Parenting Support/Child Development) 754-7629  
Job Corps (Vocational Education & Life Skills, ages 16-24) 754-7409  
Pacific Mountain Workforce Development 704-3568  
Sound Learning (tutoring for reading, writing, ESL, GED) 426-9733  
Work First Program, PSCC (Pre-Employment Training/Support for those on TANF) 596-5401  
WorkSource, Employment Security (Job Search/Training/Unemployment Comp.) 704-3600

## EMERGENCY NEEDS – CLOTHING, UTILITIES

Adventist Community Services (Clothing, Emergency Foods) 943-1518  
City Gate Ministries (Food, Clothing, Hygiene, Furniture) 705-0291  
Clothing Bank, Sacred Heart 491-0890  
Community Action Council 438-1100  
Community Service Office (DSHS) (Medical Coupons/Food Stamps) 877-501-2233  
Emergency Outreach Program, Sacred Heart (Clothing, Food Pantry, Utility Assis.) 923-0929  
Red Cross (Tacoma) 253-474-0400  
Saint Vincent De Paul (Clothing Bank & Pregnancy Aid, Utility Assis.) 352-7554  
Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assis as Funds Avail) 352-8596  
St. Michael Parish (Clothing, Bedding, Supply/Hygiene Kits) 754-4667  
Union Gospel Mission (Clothing, blankets, hygiene supplies, etc.) 709-9725

Yelm Community Services (Food, Clothing, Utilities Asst. Emergency Shelter) 458-7000

## FOOD AND NUTRITION

Food Banks Thurston County 352-8597; Tenino 264-5505; Yelm Food Bank 458-4003  
Food Stamps (DSHS Community Service Office) 877-501-2233  
Garden Raised Bounty (GRuB) 753-5522  
Meals on Wheels (Lunches to Anyone 60+ and Home bound – Senior Services) 586-6181  
Olympia Union Gospel Mission: (Meals, Showers) 709-9725  
ROOF Community Services (Rochester Food Bank) 273-6375  
Salvation Army (Community Kitchen) 352-8596  
Women, Infants & Children (WIC) Nutrition Program (SeaMar) 754-2936 or (CAC) 438-1100  
YWCA of Olympia (For supplies that food stamps don't cover) 352-0593

## HEALTH CARE/HOSPITALS/CLINICS

Assured Home Health 236-9204 Hospice 352-0711  
Capital Medical Center 754-5858 or Emergency Dept. 956-2590  
CHOICE Regional Health Network (Low-Income Insurance) 539-7576  
Dental Clinic, Sea Mar Community Health 570-8016  
Health Department, Thurston County: (Syringe Needle Exchange, Communicable Disease Program, Chronic Disease Prevention, Veteran's Assistance, et. al) 867-2500  
HIV/AIDS Hotline, Washington State 800-272-2437  
Medical Assistance (Coupons), CSO (DSHS) 877-501-2233 or TDD 586-0226  
Nisqually Health Services (Medical and Dental) 459-5312  
Olympia Free Clinic (call for hours) 890-4074  
Olympia Union Gospel Mission Clinic (for Uninsured) Vision 709-9725 Dental 943-6400  
Options Pregnancy Clinic (Counseling/Testing, Ultrasound) 753-0061  
Paratransit Services (Transportation to Medical Appointments) 800-846-5438  
Pierce County AIDS Foundation – Oly Office (Case Mgmt. for People w/AIDS) 352-2375  
Planned Parenthood (Birth Control, Pregnancy Testing/Counseling) 800-769-0045 or 754-5522  
Providence Community Care Center 515-5646  
Poison Center, WA (Info for Poison/Overdose 24-hours) V/TDD 800-222-1222  
Providence St Peter Hospital 491-9480  
Homecare Referral Registry (In Home Care- Medicaid Client Only) 664-3162 Ext 143  
Sea Mar Community Health Center, Medical Olympia 491-1399 Lacey 359-4840  
SHIBA (State Health Insurance. Benefit Advisers; Medicare, Sup. Ins. Info) 800-562-6900  
Valley View Health Center (Medical and Dental) Olympia 236-7166 Tenino 264-5665

## HOUSING ASSISTANCE/EMERGENCY SHELTERS

Coordinated Emergency Shelter Entry Line - 24 hours 844-628-7343  
Drexel House (Housing programs & Shelter) – 24 hours 753-3340  
Family Support Center (Housing Diversion Program) 754-9297  
Haven House (shelter/crisis center for teens 12-17) 754-1151  
Housing Authority, Thurston (for low income, disabled, elderly) 753-8292  
Housing Rehabilitation, City of Olympia (rehabilitation loans for Home-Owners) 753-8314  
Interfaith Works Front Desk (Shelter for 18 and older, Pets OK) 357-7224  
Rosie's Place (Drop-in day Shelter Youth/Young adults 12-24) 918-7879 or 943-0780 Ext 186  
Safeplace (shelter for abused women - 24 hours) 754-6300  
Salvation Army (emergency shelter/rental assistance) 705-2850  
SideWalk Support Center 515-5587

## SAFETY/LEGAL/CONSUMER ASSISTANCE AND SUPPORT

Child Support Enforcement Office 800- 442-5437 or 800-345-9964  
CLEAR Hotline (Coordinated Legal Ed Advice/Referral) 888-201-1014  
Consumer Protection Division, (Attorney General, unfair business) 800-551-4636  
Crime Victim Advocacy Network Victim Help Line (24/7) 888-288-9221  
Disability Rights, Washington (Dev Disabled/Mentally ill) 800-562-2702  
Dispute Resolution Center (Mediation Services) 956-1155  
Domestic Violence Advocates (Thurston Co.) 754-2989  
Family Court Facilitator (Thurston Co. Juvenile and Family Court) 709-3269  
Family Support Center (Coordinated Family Services) 754-9297  
Human Rights Commission, WA State 753-6770 or 800-233-3247  
LongTerm Care Ombudsman (Mediation/advocacy in Nursing Homes) 800-562-6028 or 943-6018  
National Domestic Violence Hotline (24 hours) 800-799-7233 or TTY 800-787-3224  
PFLAG Olympia (Support for LGBTQ Community and Family) 207-1608  
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) 352-9716 or 866-343-9716  
SafePlace (24/7 Sexual and Domestic Violence HelpLine) 754-6300 or TTY 943-6703  
Tenant Rights Hotline (Seattle Number) 206-723-0500  
Thurston County Family Justice Center (Family Support Center) 754-9297  
Victim Assistance, Thurston County Prosecuting Attorney 786-5540  
Volunteer Legal Services (Eviction workshops - Legal Info) 844-211-6916 or 705-8194

## SENIORS

Adult Protective Services, DSHS (Report Abuse of Vulnerable Adults) 877-734-6277  
Area Agency on Aging (Info & Case Management) 664-3162 or 888-545-0910  
Catholic Community Services (Home Care) 586-2960  
Home & Community Services, Division of DSHS (Long-Term Care) 725-2300  
Medical Equipment Loan Bank Message Line 456-8810  
Older Adult Services, BHR (Counseling/Case Management) 704-7170 or 800-825-4820  
Providence Sound Homecare and Hospice 459-8311 or 800-869-7062  
RSVP (Retired Senior Volunteer Program, United Way of Thurston County) 943-2773 ext.20  
Senior Centers Yelm 458-7733; Lacey 407-3967; Rainier 446-2258; Tumwater 754-4160  
Senior Services for South Sound (for Transportation ext. 128) 586-6181  
Social Security Office (Olympia) 866-807-1160  
South Sound Care Connection (In-Home Care Coordination) 586-4491

## SPECIFIC POPULATIONS SERVICES AND ASSISTANCE

Cielo Olympia (Latino Educational, Legal Advocates, and Mental Health Services) 709-0931  
Downtown Ambassadors (Street Outreach, Business Support, Hospitality) 338-2853  
KWA: Korean Women's Association (Asian, Pacific Islander, and Elders) 253-535-4202  
National Suicide Lifeline (for Veterans Crisis Line Press 1) 800-273-8255  
Nisqually Indian Tribal Services 456-5221  
PiPE (counseling for houseless or low income LGBTQIA and/or BIPOC) 522-5536  
South Puget Intertribal Planning Agency (SPIPA – Five Tribes) 426-3990  
Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes) 867-2625  
Veterans Benefits and Services (WA State) 800-562-2308

The Crisis Clinic of Thurston and Mason Counties is a non-profit IRS designated 501(c)(3) tax-exempt organization.

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