



# Thurston County Community Services List

For additional information or referrals, please contact:

**The Crisis Clinic at 360.586.2800 or 1.800.627.2211 - 24 Hours Every Day**

Visit our website at: [www.crisis-clinic.org](http://www.crisis-clinic.org)

**Updated: January 2018**

**360 AREA CODE** unless

Tenino Food Bank \_\_\_\_\_ 264-5505  
Yelm Food Bank \_\_\_\_\_ 458-7000

otherwise noted

Washington State 2-1-1 (Mon-Fri 9am – 3pm) [www.resourcehouse.com/win211](http://www.resourcehouse.com/win211) 2-1-1

## CHILDREN/YOUTH/TEENS

Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers) \_\_\_\_\_ 943-0409  
 Boys and Girls Clubs of Thurston County: Lacey \_\_\_\_\_ 438-6811  
 Olympia \_\_\_\_\_ 556-3615  
 Rochester \_\_\_\_\_ 273-9397  
 Tumwater \_\_\_\_\_ 570-8888  
 Child Care Action Council - Resource & Referral Line \_\_\_\_\_ 800-446-1114  
 Child Protective Services (Investigates Allegations of Abuse - 24 hours) \_\_\_\_\_ 1-866-363-4276  
 Children & Parents First (Parenting Skills/Child Care) BHR (S-board) \_\_\_\_\_ 704-7170  
 Children's Mental Health Program, (Lacey) BHR (S-board) \_\_\_\_\_ 704-7170  
 Community Action Council WIC (Women, Infants & Children) Program (S-board) \_\_\_\_\_ 438-1100  
 Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth) \_\_\_\_\_ 943-0780  
 Family Reconciliation Service, DSHS (Families in Conflict) S-board \_\_\_\_\_ 888-822-3541  
 Family Support Center of South Sound (Parent Education/Family Support) \_\_\_\_\_ 754-9297  
 National Runaway Safeline (24 hours) \_\_\_\_\_ 1-800-RUN-AWAY  
 South Sound YMCA \_\_\_\_\_ Briggs 753-6576 or Olympia 357-6609  
 Stonewall Youth (GLBTQ Youth Support Group) \_\_\_\_\_ 705-2738  
 Youth Help Line (The Crisis Clinic) \_\_\_\_\_ (24 hours) 586-2777

## SUBSTANCE USE DISORDER SERVICES

Alcoholics Anonymous (AA) (24 hours) \_\_\_\_\_ 352-7344  
 Alternatives Professional Counseling (For Domestic Violence Victims also) \_\_\_\_\_ 357-7986  
 Celebrate Recovery (www.celebraterecovery.com) Turning Point Church \_\_\_\_\_ 489-0378 Option 5  
 Narcotics Anonymous (NA) (For Any Chemical Dependency 24 hours) \_\_\_\_\_ 754-4433  
 Nisqually Tribal Health Services (Incl. Substance Abuse Program) (S-board) \_\_\_\_\_ 459-5312  
 Northwest Resources \_\_\_\_\_ 688-7312 or 943-8810  
 Olympia AI-Anon Club (AA/NA/CA/MA/SA Meetings/Info) \_\_\_\_\_ 790-9457  
 Sea Mar Behavioral Health (Incl. Spanish-Speaking Services) \_\_\_\_\_ 704-7590  
 South Sound Clinic (Counseling, Methadone Program) \_\_\_\_\_ 413-6910 or 1-888-764-7243  
 The Harvest Program - BHR Recovery Services (Mothers and Expecting Women Seeking SUD Services) \_\_\_\_\_ 754-5729  
 True North Student Assistance & Treatment Services (Tumwater and Yelm) \_\_\_\_\_ 464-6867  
 Washington State Problem Gambling Hotline 24/7 \_\_\_\_\_ 1-800-547- 6133

## COUNSELING/MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours) S-Board \_\_\_\_\_ 704-7170  
 Capitol Recovery Center (Rehab Program by & for Mental Health Consumers) \_\_\_\_\_ 357-2582  
 Community Care Center \_\_\_\_\_ 915-8623  
 Community Youth Services (CYS) (Crisis Intervention & Support) S-Board \_\_\_\_\_ 943-0780  
 Crisis Resolution Services (Involuntary Detention 24 hours) \_\_\_\_\_ 754-1338 or 1-800-270-0041  
 Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) \_\_\_\_\_ 359-3346  
 NAMI Helpline (Nat'l Alliance for Mental Illness: Info. & Support) \_\_\_\_\_ 866-0403 or Office 493-6021  
 Providence St. Peter Hospital Psychiatry (Med. Management) No Counseling Services \_\_\_\_\_ 493-7064  
 Providence St. Peter's Intensive Outpatient & Outpatient Program \_\_\_\_\_ 493-7060  
 Sea Mar Behavioral Health (Includes Spanish-Speaking Services) \_\_\_\_\_ 704-7590

## DISABILITIES - PHYSICAL /MENTAL

Adult Protective Services, DSHS (Report Abuse to Vulnerable Adults) \_\_\_\_\_ 1-877-734-6277  
 Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) \_\_\_\_\_ 357-5596  
 Deaf & Hard of Hearing Services, WA State Office of (DSHS) \_\_\_\_\_ TTY 800-422-7930  
 Dial-A-Lift (IT Bus Services) \_\_\_\_\_ 754-9393 or 1-800-244-6846  
 Disability Rights (Seattle) \_\_\_\_\_ 206-324-1521  
 Long Term Care Pro, Catholic Community Services (In-Home Assistance) S-board \_\_\_\_\_ 586-2960  
 Morningside (Vocational Development/Employment Services) \_\_\_\_\_ 943-0512  
 PAVE (Advocacy for Families & Individuals w/Disabilities) \_\_\_\_\_ 1-800-572-7368 or 253-565-2266  
 Protective Payee Services- Voice Mail \_\_\_\_\_ 352-3914  
 Recreation Services, Thurston County Specialized Recreation S-board \_\_\_\_\_ 786-5595  
 Respite Care Program (through Childcare Action Council) \_\_\_\_\_ 754-0845  
 Social Security Information Line (SSI/Medicare) \_\_\_\_\_ 1-800-772-1213  
 South Sound Parent to Parent (Supporting Parents of Individuals with special needs) \_\_\_\_\_ 352-1126  
 Vocational Rehabilitation, Division of (DVR) V/TDD \_\_\_\_\_ 1-800-637-5627  
 WA State Dept. of Services for the Blind (S-board) \_\_\_\_\_ 1-800-552-7103  
 WA Talking Book & Braille Library \_\_\_\_\_ 1-800-542-0866

## EDUCATION/LITERACY

Family Education & Support Services (Parenting Support/Child Development) \_\_\_\_\_ 754-7629  
 Job Corps (Vocational Education & Life Skills, ages 16-24) \_\_\_\_\_ 754-7409  
 Nisqually Youth Services (Community Youth Services) \_\_\_\_\_ 455-5213  
 Sound Learning (tutoring for reading, writing, ESL, GED) \_\_\_\_\_ 426-9733  
 Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF) \_\_\_\_\_ 596-5401

## EMERGENCY NEEDS – CLOTHING, UTILITIES

Baby Bank (Diapers & Baby Clothes; Referral Necessary) \_\_\_\_\_ 357-6617  
 City Gate Ministries \_\_\_\_\_ 705-0291  
 Community Service Office, Olympia (DSHS) (Public Assistance Medical Coupons/Food Stamps) \_\_\_\_\_ 877-501-2233 TTY 800-209-5446  
 Emergency Outreach Program (Sacred Heart Church) \_\_\_\_\_ 923-0929  
 Red Cross (Tacoma) \_\_\_\_\_ 253-474-0400  
 Saint Vincent De Paul Clothing Bank & Pregnancy Aid, Olympia \_\_\_\_\_ 352-7554  
 Saint Vincent De Paul (Limited Utilities Assistance) \_\_\_\_\_ 352-7554  
 Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assist as Funds Avail) \_\_\_\_\_ 352-8596  
 The Other Bank YWCA \_\_\_\_\_ 352-0593  
 Veterans Assistance Fund \_\_\_\_\_ 867-2625  
 Yelm Community Services (Food, Clothing, Utilities Asst. Emergency Shelter) \_\_\_\_\_ 458-7000  
 YWCA of Olympia (For Supplies that Food Stamps Don't Cover) \_\_\_\_\_ 352-0593

## EMPLOYMENT INFORMATION AND ASSISTANCE

Division Vocational Rehabilitation \_\_\_\_\_ 664-3060 or V/TTY 800-548-0946  
 Pathfinders Supported Employment, (People with Mental Health Disabilities) BHR \_\_\_\_\_ 704-7170  
 WorkSource, Employment Security (Job Search/Training/Unemployment Comp.) \_\_\_\_\_ 704-3600  
 Youth Employment & Training, CYS (Ages 16–21) \_\_\_\_\_ 943-0780

## FOOD AND NUTRITION

Food Banks: Thurston County Food Bank \_\_\_\_\_ 352-8597

Food Stamps (DSHS Community Service Office) \_\_\_\_\_ 877-501-2233 TTY 800-209-5446  
 Garden Raised Bounty (GRuB) \_\_\_\_\_ 753-5522  
 Meals on Wheels (Lunches to Anyone 60+ and Home bound) \_\_\_\_\_ 586-6181  
 Olympia Union Gospel Mission: (Meals, Showers) \_\_\_\_\_ 709-9725  
 ROOF (Rochester) \_\_\_\_\_ 273-6375  
 Salvation Army (Community Kitchen) \_\_\_\_\_ 352-8596  
 Women, Infants & Children (WIC) Nutrition Program \_\_\_\_\_ (SeaMar) 754-2936 or (CAC) 438-1100

## HEALTH CARE/HOSPITALS/CLINICS

Assured Home Health \_\_\_\_\_ 236-9204 Hospice \_\_\_\_\_ 352-0711  
 Capital Medical Center Switchboard \_\_\_\_\_ 754-5858 or Emergency Dept. \_\_\_\_\_ 956-1460  
 CHOICE Regional Health Network (Low-Income Insurance) \_\_\_\_\_ 539-7576  
 Care Net (Pregnancy Counseling/Testing, Ultrasound) \_Option Line \_\_\_\_\_ 753-0061  
 Community Care Center \_\_\_\_\_ 915-8623  
 Dental Clinic, Sea Mar Community Health \_\_\_\_\_ 570-8016  
 Family Health Hotline \_\_\_\_\_ 1-800-322-2588  
 Health Department: (Syringe Needle Exchange, Communicable Disease Prog. Chronic Disease Prevention, Children w/Special Needs, Veteran's Assistance) \_\_\_\_\_ 867-2500  
 HIV/AIDS Hotline, Washington State (Info & Referral) \_\_\_\_\_ V/TDD 1-800-272-2437  
 Medical Assistance (Coupons, CSO (DSHS) \_\_\_\_\_ 877-501-2233 or TDD586-0226  
 The Olympia Free Clinic (Wednesday evenings) \_\_\_\_\_ 890-4074  
 Olympia Union Gospel Mission: (Dental/Vision for Uninsured) \_\_\_\_\_ 943-6400  
 Nisqually Tribal Health Services (Indian Medical 459-5312) Indian Dental \_\_\_\_\_ 413-2716  
 Paratransit Services (Transportation to Medical Appointments) \_\_\_\_\_ 1-800-846-5438  
 Pierce County AIDS Foundation Olympia Office \_\_\_\_\_ 352-2375  
 Planned Parenthood (Birth Control, Pregnancy Testing/Counseling) \_\_\_\_\_ 754-5522  
 Providence Sound Homecare & Hospice \_\_\_\_\_ 459-8311 or 1-800-869-7062  
 Poison Center, WA (Info for Poison/Overdose 24-hours) \_\_\_\_\_ V/TDD 1-800-222-1222  
 Providence St Peter Hospital \_\_\_\_\_ 491-9480 or Emergency Room 493-7289  
 Homecare Referral Registry (In Home Care-Medicaid Client Only) \_\_\_\_\_ 1-888-545-0910  
 Sea Mar Community Health Center, Medical \_\_\_\_\_ 491-1399  
 SHIBA (State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info) \_\_\_\_\_ 800-562-6900  
 Within Reach Family Health Hotline \_\_\_\_\_ 1-800-322-2588

## HOUSING ASSISTANCE/EMERGENCY SHELTERS

Coordinated Emergency Shelter Entry Line - 24 hours \_\_\_\_\_ 1-844-628-7343  
 Drexel House (Housing programs & Shelter – 24 hours) \_\_\_\_\_ 753-3340  
 Family Support Center (Family Shelter) \_\_\_\_\_ 754-9297  
 Haven House (shelter/crisis center for teens 12-17) \_\_\_\_\_ 754-1151 or 1-888-698-1825  
 Housing Authority, Thurston (for low income, disabled, elderly) \_\_\_\_\_ 753-8292  
 Housing Rehabilitation, City of Olympia (rehabilitation loans for Home-Owners) \_\_\_\_\_ 753-8436  
 Interfaith Works Front Desk (call Coordinated Entry line for shelter assistance) \_\_\_\_\_ 918-8424  
 Rosie's Place (Drop in day shelter Youth and Young adults 12-24) \_\_\_\_\_ 943-0780 Ext 186  
 Safeplace (shelter for abused women - 24 hours) \_\_\_\_\_ 754-6300  
 Salvation Army (emergency shelter/rental assistance) \_\_\_\_\_ 352-8596  
 SideWalk Support Center \_\_\_\_\_ 515-5587  
 Yelm Community Services (rural Thurston County residents) \_\_\_\_\_ 458-7000

## SAFETY/LEGAL/CONSUMER ASSISTANCE AND SUPPORT

Child Support Enforcement Office \_\_\_\_\_ 664-6900 or 1-800-345-9964  
 CLEAR Hotline (Coordinated Legal Ed Advice/Referral) \_\_\_\_\_ 1-888-201-1014  
 Consumer Protection Division, (Attorney General, unfair business) \_\_\_\_\_ 1-800-551-4636  
 Crime Victim Advocacy Network Victim Help Line (24/7) \_\_\_\_\_ 1-888-288-9221  
 Disability Rights, Washington (Dev Disabled/Mentally ill) \_\_\_\_\_ 1-800-562-2702  
 Dispute Resolution Center (Mediation Services) \_\_\_\_\_ 956-1155  
 Domestic Violence Liaison \_\_\_\_\_ 709-3268  
 Family Court Facilitator (Thurston Co. Juvenile and Family Court) \_\_\_\_\_ 709-3269  
 Family Support Center (Coordinated Family Services) \_\_\_\_\_ 754-9297  
 Human Rights Commission, WA State \_\_\_\_\_ 753-6770 or 1-800-233-3247  
 Long-Term Care Ombudsman (Mediation/advocacy in Nursing Homes)800-562-6028 or 943-6018  
 PFLAG Olympia (Support for LGBTQ Community and Family) \_\_\_\_\_ 207-1608  
 PiPE: Partners in Prevention Education (Homelessness and Sexual Violence) \_\_\_\_\_ 357-4472  
 P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) \_\_\_\_\_ 352-9716 or 866-343-9716  
 SafePlace (24/7 Sexual and Domestic Violence HelpLine) \_\_\_\_\_ 754-6300 or TTY 943-6703  
 Tenant Union Hotline (Seattle Number) \_\_\_\_\_ 206-723-0500  
 Thurston County Family Justice Center (Family Support Center) \_\_\_\_\_ 754-9297  
 Victim Advocate Division, Thurston County \_\_\_\_\_ 786-5540  
 Volunteer Legal Services (Eviction workshops - Legal Info) \_\_\_\_\_ 705-8194

## SENIORS

Area Agency on Aging (Info & Case Management) \_\_\_\_\_ 664-3162 or 1-888-545-0910  
 Catholic Community Services (Home Care) \_\_\_\_\_ 586-2960  
 Home & Community Services, Division of DSHS (Long-Term Care) \_\_\_\_\_ 1-800-462-4957  
 Medical Equipment Bank \_\_\_\_\_ Message Line \_\_\_\_\_ 456-8810  
 Older Adult Services, BHR (Counseling/Case Management) \_\_\_\_\_ 704-7170 or 800-825-4820  
 Providence Sound Homecare and Hospice \_\_\_\_\_ 459-8311 or 1-800-869-7062  
 RSVP (Retired Senior Volunteer Program, United Way of Thurston County) \_\_\_\_\_ 943-2773 ext.20  
 SENIOR CENTERS: Olympia 586-6181 \_\_\_\_\_ Yelm 458-7733  
 Lacey 407-3967 \_\_\_\_\_ Rainier 446-2258  
 Tumwater 754-4160  
 Senior Services for South Sound \_\_\_\_\_ 586-6181  
 Social Security Office (Olympia) \_\_\_\_\_ 866-807-1160  
 South Sound Care Connection (In-Home Care Coordination) \_\_\_\_\_ 586-4491  
 STARS Program (Adult Day Care -Several Locations) \_\_\_\_\_ 586-6181

## SPECIFIC POPULATIONS SERVICES AND ASSISTANCE

Cielo Project (Latino Educational and Mental Health Services) \_\_\_\_\_ 709-0931  
 KWA: Korean Women's Association (Asian, Pacific Islander, and Elders) \_\_\_\_\_ 455-4524  
 National Suicide Lifeline (for Veterans Crisis Line Press 1) \_\_\_\_\_ 800-273-TALK (8255)  
 Nisqually Indian Tribal Services \_\_\_\_\_ 456-5221  
 South Puget Intertribal Planning Agency (SPIPA – Five Tribes) \_\_\_\_\_ 426-3990  
 Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes) \_\_\_\_\_ 867-2625

