

# The Crisis Clinic of Thurston and Mason Counties

**Need Help? Want to talk?**  
*We are "Hear" to Listen.*



**The Crisis Clinic is here for you and has been since 1972**

- **Non-Judgmental, Compassionate Support**
- **Free; Confidential and Anonymous**
- **Phone Lines Staffed by Trained Volunteers**
- **We are Available 24 Hours a Day, 365 Days a Year**
- **We Provide Community Information, Resources and Referrals**

**No Crisis too Small to Make the Call!**

*Interested in Volunteering?*



**The Crisis Clinic is looking for Phone Line Volunteers. Training is coming soon...** for details and dates check our website @ [www.crisis-clinic.org](http://www.crisis-clinic.org)

**360.586.2800 Crisis Line • 360.586.7777 Youth Help Line**

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