

Volunteer **TRAINING**

Are you a good listener?



The Crisis Clinic of Thurston and Mason Counties is looking for Phone Line Volunteers.

Some of the skills you will learn are:

- Understanding Crisis
- Active Listening
- Empowering versus Rescuing
- Suicide Awareness and Prevention
- Chemical Dependency
- Rescue Triangle
- Setting Boundaries
- Self Care

You will receive 60+ hours of Training which will benefit you through your life travels.

Check out website for our quarterly training schedule or contact Terrina Williams below.



For more information, please visit
www.crisis-clinic.org

Or Contract: **Terina Williams at 360.586.2800**
twilliams@crisis-clinic.org