

The Crisis Clinic of Thurston and Mason Counties

Need Help? Want to talk?

We are "Hear" to Listen.



**The Crisis Clinic is here for you and
has been since 1972**

- **Non-Judgmental, Compassionate Support**
- **Free; Confidential and Anonymous**
- **Phone Lines Staffed by Trained Volunteers**
- **We are Available 24 Hours a Day, 365 Days a Year**
- **We Provide Community Information, Resources and Referrals**

No Crisis too Small to Make the Call!



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Visit our Website at: **www.crisis-clinic.org**

360.586.2800 Crisis Line • 360.586.7777 Youth Help Line